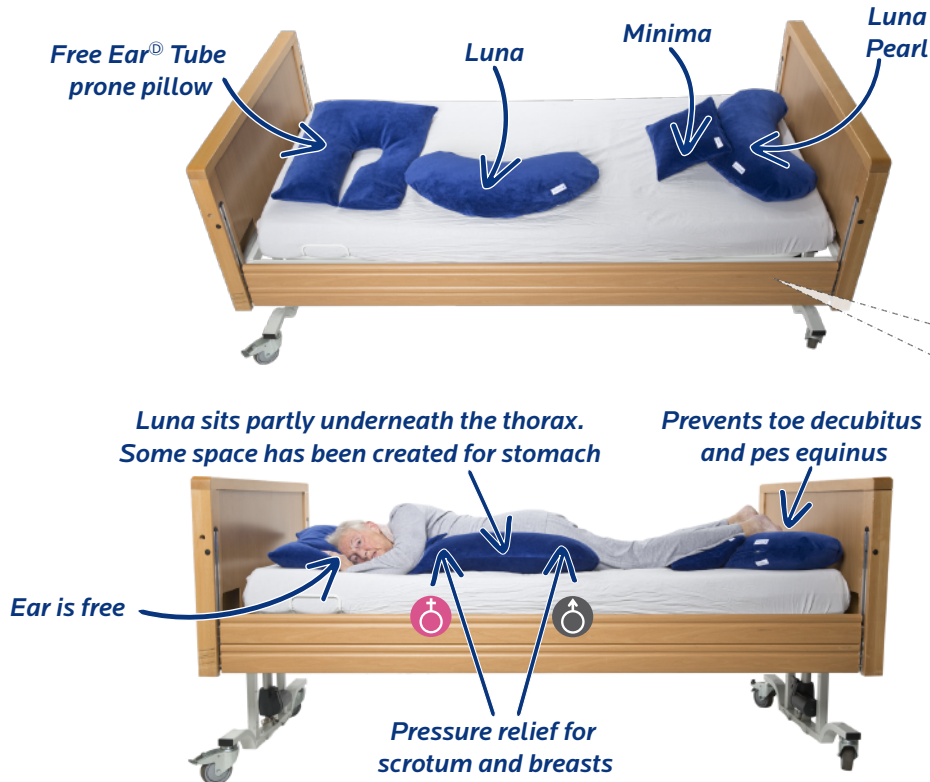


PRONE POSITION -
15-DEGREE CRAWL PRONE POSITION WITH HIP RELIEF

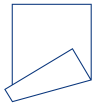


INDICATION

- Collapsed alveoli
- Severe mucus build-up
- Invasive ventilation does not provide the body with sufficient oxygen (O₂)

Optionally, place the bed in the reverse Trendelenburg position at 30 degrees. This reduces facial oedema and prevents reflux of stomach contents

Fold line



FIVE REBA RULES

- 1**
No force (do not forcefully push or pull on the patient).
- 2**
Always leave a hand's breadth of space.
- 3**
Fill all of the spaces where the patient's body does not make contact with the pillow.
- 4**
Smooth the area where the patient touches the pillow to relieve any air pressure.
- 5**
Provide opposite support to the patient in a lateral position.